

## Reviews for 'Who Do I Think You Were?®' *A Victorian's Inheritance*

The author notes that she set out to write a book about her family history that was both 'engaging and accessible', and she has certainly succeeded in this aim. The information provided is thoroughly researched but always presented with a light touch. Those who love family history will enjoy this book and take from it some excellent ideas about how they might present their own family stories. I recommend it with pleasure.

*Emeritus Professor of Psychology Susan Moore, Australia*



*A Victorian's inheritance* has given me a fascinating insight into the possible lives of my ancestors. A whole new side to genealogy that I had not considered has inspired me to look at some of my own ancestors in a new light. *Jill*



The author's obvious understanding of mental health issues and her interest in epigenetics shines through and helps us to understand not only her Victorian ancestors, but our own. *Carol*



*A Victorian's inheritance* works on many levels. It's a moving, true, family story and a fascinating observation of social history. But it's also an exploration of who we are, and to what extent that is predetermined by our 'psychological inheritance'. Helen's book is thought-provoking, well-written, meticulously researched and packed with intriguing revelations and photographs. Whether or not you have an interest in Helen's family (and I did not, at the outset) there is much to discover and enjoy. *Author Alex Dunlevy*



An intriguing account of Victorian rural life

A fascinating journey into a previous age when the accident of birth and an impromptu action can have such a momentous effect on life. This very well research book has encouraged me to search for the secrets of my own family history and perhaps help me to discover why I am as I am! *Francesca*



*A Victorian's inheritance* is easy to read and filled with context and specific historical points that are of great interest to genealogists like me. I particularly enjoyed the references to epigenetics and psychological and intergenerational inheritance since this is something I am researching. These are, I feel, aspects of genealogy that are becoming increasingly important. Many thanks to

the author, Helen Parker-Drabble for including complex topics into her work with such clarity.  
*Clementina*



The important thing in sharing family history is to tell the stories and the anecdotes that bring the family to life. This book shows comprehensively what can be achieved. It sets the bar very high, but hopefully it will encourage all those undertaking family history research to leave an accurate and interesting legacy. *A Victorian's Inheritance* is a fascinating book, easy to read and dip into, with lots of interesting historical context. *Chris*



Helen Parker-Drabble's blend of professional counselling experience and commitment to detailed research, produces an engrossing and entertaining book. It demonstrates what can be done to those of us who have simple marriage, birth, and death dates in our family trees. This book fills in the gaps using a range of historical sources, family archives and marvellous photographs.  
*Stephen*



A fascinating slice of life in Victorian England

Helen Parker Drabble is a counselor by profession and in 'Who Do I Think You Were - A Victorian's Inheritance' she does something counselors rarely do. She goes to work analysing her own ancestors. The author is the first to admit that such analysis on those long gone is, of course, totally impossible but it provides an added dimension to the picture of this family.

In other writings there is much about royalty, nobility, prominent religious leaders, writers, inventors, artists and scientists but we are usually left to Dickens, Orwell, or their contemporaries of fiction to learn of ordinary working people.

We see over generations the Parkers and other families who live in the age of agriculture and service being cajoled into the age of Industry. In this case the agriculture is on the fertile fenland area of eastern England and the service is to the generations of the Dukes of Bedford.

Like a devoted archaeologist Ms Parker Drabble dusts off the ravages of time to uncover every aspect of the people's lives. *John*



*A Victorian's Inheritance* covers two great topics, genealogy research and mental health in a manner that provides the reader insights on tackling both areas well. Adding the context surrounding a persons' life is not an easy task and Helen has done this very well. *Claire*